

Women's College, Agartala
Department of Physical Education and Sports Science

Date:

13/09/2019

A REPORT
ON
National Sports Day Celebration 2019

Every year on August 29, India celebrates its National sports day to honour the birthday of the legendary field hockey player Major Dhyan Chand Singh. The day is marked by the giving away of the Dronacharya Award, Rajiv Gandhi Khel Ratna, and the Arjuna Award by the President of India. This year, on the occasion of National Sports Day, Prime Minister Narendra Modi launched the 'Fit India Movement', a nationwide campaign to encourage people to inculcate physical activity and sports in their everyday lives.

National Sports Day was celebrated at Women's College, Agartala on 29th August 2019 at 9am with great enthusiasm in the department of Physical Education. Smt. Manidipa Debbarma, Principal, Women's College, Agartala lit the inaugural lamp and inaugurated the celebration. Flowers were then offered as a mark of respect to the portrait of Major Dhyan Chand Singh by the Principal as well as by other teachers and students of the college. This was followed by the welcome address by Sri Joydeep Talapatra, A/P & HOD in charge of the department of Physical Education who welcomed the gathering as well as spoke on the relevance of the day. Dr Kanta Deb, Physical Instructor of the department of Physical Education also spoke on the relevance of sports in daily life. After that, Smt. K V Geetha, A/P cum Secretary to the Teachers' Council, spoke about the relevance of Sports and commended on the initiative of the department for organising such a programme. In her presidential address, the Principal addressed the gathering about the benefits of Sports and the relevance of the day. Thereafter, a quiz session on Sports was conducted by Sri Joydeep Talapatra, A/P & HOD of the department. A short discussion on sports and physical fitness was held. The head of the department then highlighted about the various sports activities to be conducted throughout the year such as annual sports, inter-class matches, cross country run and exhibition match. After that, prizes were distributed to the winners of the quiz competition, to the NCC cadets who took part in the National Republic day parade at New Delhi, to the NSS volunteers and also to the Group D Staff for his selfless dedication and contribution towards the department and the

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college. The programme came to an end with the vote of thanks proposed by the Head of the department of Physical Education, Sri Joydeep Talapatra..

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