

Report of Department of Physical Education, **Women's College, Agartala**

Year 2014-2015 **Activity and Achievement**

The college organised various activity during year 2014-15 Academic Year

(1) Sports Day – The event has been organised on the eve of birthday of Major Dhanchand who is a famous sportsperson in India.

(2) 50th Annual Sports 2014-15 – This event has been organised by the college in glorious manner.various event has been organised during the annual sports like 100mts ,200mts ,long jump, high jump etc.

(3) Tag of War West District Meet – In this event the Women's College had participate and won Silver Medal.

(4) One Day Workshop has been conducted by department of Physical Education with glorious manner on Sports Physiology 08.12.2015

(5)**Seminar / Workshop** – 21/03/2015 one day workshop has been organised by department of physical education on sports psychology.

Sports Achievement

Year 2014-2015

Athletics – Tripura University Inter College Championship – Gold – 3, Sliver -3, Bronze – 4

Table Tennis – T.U. Inter College Championship – Silver Medal

Yoga – T.U. Inter College Championship – Silver Medal

Tug of War – Silver in West District

Year 2015-2016

Activity

(1) **Annual Sports** – Various event has been organised by the college like 100mts, 200mts, long jump, high jump etc.

(2) Intra College Yoga and Judo Competition organised by Department of Physical Education. In this event the students compete with each other in the sports of Yoga and Judo. From their event the girls team of Judo and Yoga team has been selected.

Yoga – National Championship – Gold
International Yoga Participation, 3rd Place in National Championship

Achievement

Sushma Debbarma Tug of War - 2nd Place in Mountaineering (Madhumata Malakar)

Yoga - Silver Medal in T.U.I.C Competition

Athletics - T.U. Inter College Championship – Gold: 4, Silver: 2, Bronze: 4

Judo - T.U. Inter College Championship, Gold:2, Silver:2

Year 2016-2017

Activity

(1) **Annual Sports** – Various event has been organised by the women's college with glorious manner. The students and staff were participated in various event like 100mts, 200mts, long jump, high jump, discus throw, shot put etc.

(2) One day Judo exhibition has been organised by Holy Cross College and Women's College.

(3) A friendly cricket Match has been organised by Department of Physical Education. In this Match Rizu Saha, Mouchita Debnath has been participated (They are all Renowned Player.)

(4) **Sports Day** – Sports day has been celebrated in the Department of Physical Education on the eve of Birthday of Major Dhanchand.

Achievement

Cricket - **Rizu Saha** (International Women Cricket Match) India Vs South Africa Match played at Bangalore

Mouchaity Debnath (Indian Women Cricket Compe.) State Senior Cricket Captain.

Rita Debbarma, Sutapa Das, Indrani Jamatia, Shilpi Debbarma, Jhumki Debnath, Rima Chakraborty & Debjani Deb (8 students represent State Women Cricket team)

- Yoga -** **Gold** in T.U Championship. Take part in A.I.I.U.T. & International Yoga (Anamika Dey)
Gold in T.U. Championship (Mousumi Biswas), **Silver** – Himani Sarkar
- Judo -** **Gold** in T.U. Championship (Radha Halam) and North East Games
Gold in T.U. Championship (Susmita Singha)
Gold in T.U. Championship (Tanny Dey)
- Gymnastics -** **Gold** in National Champion 2016 (Nandita Shil)
- Athletics -** **Gold** in T.U. Inter College Championship – Davishree Jamatia High Jump 400 mtr. Run, 4x100 Relay, 800 mtr. Run

Year 2017-2018

Activity

(1) Annual Sports – In this Annual Sports the Chief Guest Mr. Prabitra Kar, MLA has been delivered a motivated speech which boost our students moral to participating in Games & Sports. Along with that all event has been conducted by college like 100mts sprint, 200m sprint long jump, high jump etc.

(2) Yoga Day – Yoga day has been organised by department of physical Education on the eve of Major Dhanchand Birthday.

(3) A self defence coaching has been organised by department of Physical Education. Kick boxing coach Coach Sri Pinaki Chakraborty was trainer of this coaching camp.

(4) Self Defence – State programme has been conducted by N.S.S. Unit in co operate with department of physical education.

Year 2017-2018

Achievement

Tripura University Inter College Tournament

Gold – (a) **Kabaddi Champion** (1st Place) 5 player represent A.I.I.U.

Gold + Silver – (b) **Judo** – 2 Gold & 1 Silver in Inter College Championship.

(c) **Cricket** 8 students represent A.I.I.U.T Women's Cricket Champion

Gold - (d) **Badminton** T.U. Inter College Champion 1 player take part A.I.I.U..

(e) **Kho Kho** 3rd Place in Inter College Championship

(f) Kick Boxing – 2 player taken 3rd place in National Kick Boxing

Gold - (g) Best Women Cricket Player of the year award Rima Chakma

Gold - (h) Lawn Tennis Women State Champion Dipa Chakma

Year 2017-2018

Activity

(1) Annual Sports – The Annual Sports of the college has been organised by department of Physical Education. Sri Asish Saha, MLA of Tripura Legislative Assembly was the Chief Guest of that particular event and the special guest was Bharati Bhosal (Cyclist) and Guest of Honour of this event was Smt. Manidipa Debbarma, Principal of Women's College .all the student and staff were taking part in various events .

Year 2018-2019

Achievement

Tripura University Inter College Tournament

Gold – (a) Kabaddi Champion (1st Place) 6 player represent A.I.I.U.T.

Gold + Silver + Bronze – (b) Judo – Gold -1, Silver – 2, Bronze – 1

(c) **Kho Kho** – All Tripura Inter College Participate

(d) **Volley Ball** – All Tripura Inter College Participate, 1 player A.I.I.U.T.

(e) **Table Tennis** – Inter College Participated, 1st Position

(f) **Yoga** – Inter College Participate 6 player Gold – 1

(g) **Athletic** – Inter College Participate 6 player, Gold – 3, Silver – 1, Bronze - 2